Heber Valley Camp

Location of the Heber Valley Camp

The Heber Valley Camp is located in the mountains southeast of Heber, adjacent to the Timberlakes subdivision.

6402 E. 1200 South
Heber City, UT 84032

Directions from the North

1. Take Interstate 80 to Highway 40, just east of the Park City exits. Turn south on Highway 40, go past the Jordanelle Reservoir and through downtown Heber City until you come to 1200 South. Turn left (east).

2. Proceed east on 1200 South for about 5 miles to the end of the road (6400 East).
   (Be careful - the speed limit in this section is only 30-35 mph and the Heber police do patrol the road!)

3. The wide road to the right (south) is the main access road to the camps. Follow the paved road four miles to the Welcome Center.

Directions from Utah County and Points South

1. Take Provo Canyon east to Heber City. When you reach the intersection with Highway 40, keep going straight (east) through the signal light. This road becomes 1200 South.

2. Continue traveling east on this road approximately 5 miles to 6400 East where the road ends.
   (Be careful - the speed limit in this section is only 30-35 mph and the Heber police do patrol the road!)

3. The wide road to the right (south) is the main access road to the camps. Follow the paved road four miles to the Welcome Center.

Directions from the Uinta Basin

1. Take Highway 40 west to the first signal light in the Heber Valley. Turn right (east). This is 1200 South.

2. Continue traveling east on this road approximately 5 miles to 6400 East where the road ends.
   (Be careful - the speed limit in this section is only 30-35 mph and the Heber police do patrol the road!)

3. The wide road to the right (south) is the main access road to the camps. Follow the paved road four miles to the Welcome Center.

See http://www.hebervalleycamp.org
This map is not intended to show all Camp facilities. Use this map in conjunction with the full-size Heber Valley Camp Map.

- **Trail Access**
- **Stake Pavilion**
- **Amphitheater**
- **Scenic Viewpoint**
- **Overnight Backpack Campsite**
- **Fire Pit, Portable Restroom**
- **Trail Junction**

Trail distances are measured between accesses, junctions, and campsites.

- **Paved Road**
- **Gravel Road**
- **Dirt Road**
- **Old Road**
- **Hiking Trail**

- **New Trail in 2006**

Please check with the camp staff concerning the current status of any trails or facilities marked "Under Construction."
Nielsen family has this amphitheater reserved Friday July 4 from 7 pm to 10 pm.
<table>
<thead>
<tr>
<th>Campsite / Type</th>
<th>Cost</th>
<th>Sleeps</th>
<th>Mon 6/30</th>
<th>Tue 7/1</th>
<th>Wed 7/2</th>
<th>Thu 7/3</th>
<th>Fri 7/4</th>
<th>Sat 7/5</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1: 3-cabins w/cook stn</td>
<td>$165</td>
<td>48</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>#2: 3-cabins w/cook stn</td>
<td>$165</td>
<td>48</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>#3: 3-cabins w/cook stn</td>
<td>$165</td>
<td>48</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>#4: 3-cabins w/cook stn</td>
<td>$165</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>#5: 3-cabins w/sm pavilion, bathroom</td>
<td>$205</td>
<td>48</td>
<td></td>
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<tr>
<td>Main Pavilion</td>
<td>$260</td>
<td>16</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

**Our Reservations**

- #1: 3-cabins w/cook stn
- #2: 3-cabins w/cook stn
- #3: 3-cabins w/cook stn
- #4: 3-cabins w/cook stn
- #5: 3-cabins w/sm pavilion, bathroom

<table>
<thead>
<tr>
<th>Camp Abish</th>
<th>See map</th>
</tr>
</thead>
</table>

Download the free Adobe Acrobat Reader needed to view the map files.
Challenge Courses at the Heber Valley Camp

**ATTENTION!** There is an [Church Activity Permission and Authorization Form](#) that must be completed for each person participating on the high course activities. Children under the age of 18 must have this form completed and signed by a parent or guardian. Those without the proper form can only participate in the ground level course activities.

Heber Valley Camp boasts multiple challenge courses (CC). Each challenge course has been designed for youth and adult participants. Children may not be allowed to participate in some activities. Challenge course #5 is best suited for families with young children.

Each challenge course consists of:

- **one in-harness high course activity** that allows the individual to build confidence in a challenging but safe environment. To ensure safety, staff trained and certified by CLAS Ropes will conduct the high course activities.

Each challenge course’s high activity has varying minimum age, height and ability requirements:

| CC #1 | Participants will climb a swinging pole, traverse a 2-line cable and take a zip line. Children must be eight years of age or older. The minimum height requirement is 4’6”. |
| CC #2 | Participants will climb a pole, walk across a log and take a zip line. Children must be able to climb on their own. The minimum height requirement is 4’0”. |
| CC #3 | Participants will climb a cargo net, traverse a swinging foot bridge and take a zip line. Participants must be able to climb on their own and follow instructions. Children must be six years of age or older. The minimum height requirement is 4’6”. |
| CC #4 | Participants will climb a pole, traverse a cable using dangling ropes and take a zip line. Participants must be able to climb on their own and follow instructions. The minimum height requirement is 4’6”. |
| CC #5 | Participants will ride a giant swing. There is no minimum age or height requirement. |

- **a variety of family/group (ground level) activities.** Families and groups will be offered one or two appropriate activities depending on the number of participants and the time available. Missionaries can help you determine the appropriate activities for young children.

### Young Women Usage (included in camp fee)

To learn more about Challenge Course use during Young Women camp, please read the [Young Women Challenge Course](#) page accessed through the Activities & Programs link under the Young Women Camp menu item.

### Group and Family Usage (additional fee applies, see below)

Challenge course activities are available to Heber Valley Camp guests for an additional fee of $5 per person. Challenge courses are open each camping season from approximately mid-May through the close of summer camping in September. Due to darkness, evening sessions are closed in September.

Upon arrival at camp, tickets will be issued to each group with challenge course reservations. We anticipate that most challenge course sessions will be fully reserved. Campers without prior reservations are welcome to check with their camp hosts upon arrival at camp and purchase any available tickets. Session availability will vary depending on the time of year.

<table>
<thead>
<tr>
<th>Days</th>
<th>Morning</th>
<th>Mid-day</th>
<th>Afternoon</th>
<th>Evening</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays*</td>
<td>9:00am - 1:00pm</td>
<td>11:30am - 3:30pm</td>
<td>3:30pm - 5:30pm</td>
<td>6:00pm - 8:00pm</td>
</tr>
<tr>
<td>Tuesdays - Fridays*</td>
<td>9:00am - 1:00pm</td>
<td>11:30am - 3:30pm</td>
<td>3:30pm - 5:30pm</td>
<td>6:00pm - 8:00pm</td>
</tr>
</tbody>
</table>

* - During Young Women camp weeks, the challenge course is only available to family and groups starting Friday afternoon and all day Saturday.
Challenge course sessions are two hours in length. Each session can accommodate up to 48 persons separated into smaller groups of 10-15 persons. A single challenge course session may contain people from different families or groups. Each small group will remain together for the entire session and cycle through the course events. Each small group will have approximately 40 minutes on the high course activity, with the remainder of the session spent on the low course activities.

Please note the following course rules:

- The first 15 minutes of each session will be devoted to training and safety instruction and attendance is mandatory. Please ensure that your group arrives on time.
- Children of all ages are welcome to participate, however some activities may not be appropriate for children under four years of age. Children under eight years of age must be accompanied by an adult.
- Each family or group may reserve the challenge course for as many people as the group has reserved beds. When purchasing your tickets, keep in mind that no refunds are given for Challenge Course reservations.
- There is limited parking at the challenge courses. All able participants must hike to the courses. Participants unable to hike may be dropped off near the course by a vehicle. Vehicles must then be returned to designated parking areas.
- There are challenge course activities for all ability levels. Please notify the challenge course staff at the beginning of your camping stay of any participants with special needs. Your camp host will assist you in contacting the challenge course staff.

To accommodate adequate staff scheduling, Challenge Course reservations must be made AT LEAST 10 days BEFORE your check-in date.

CAUTION: NO REFUNDS ARE GIVEN FOR CHALLENGE COURSE RESERVATIONS. PLEASE ONLY PURCHASE THE NUMBER OF TICKETS YOUR GROUP WILL USE.

Make a Challenge Course Reservation

Challenge courses are OFF LIMITS when camp-approved certified staff are not present.

Questions or Comments
waterfront activities at the heber valley camp

legacy lake is available to all campers and will remain available each season as long as water levels allow.

fifty 3-person canoes, paddles, and life jackets are available. groups and families may also use the 30 paddleboats. buoys will be used to mark "out of bounds" areas. the waterfront hosts can also check out nets and volleyballs to those wanting to use the nearby volleyball courts.

waterfront hosts are responsible for safety in the waterfront area. life jackets must be worn at all times while on the lake. the lake is closed when the waterfront hosts are not on duty. all campers must obey instructions at all times. waterfront hosts will also give lake and canoe safety instruction. at the first sign of inclement weather, the waterfront will be vacated and closed. those vacating the lake should gather under the covered pavilion to receive instructions about returning to their campareas.

the lake contains naturally occurring organisms which are not harmful, but may cause an irritation. for this reason the lake is open for boating, but closed to swimming, wading, or swapping of canoes. fresh-water hoses are available to rinse off lake water. campers should not float organic food items, such as watermelon, in the lake. organic matter artificially introduced to the lake may upset the chemical balance. the lake drains at the end of each season. it is not suitable as a fish habitat, and it will not be stocked for fishing.

please note that there is no lifeguard on duty at the waterfront. therefore, all campers participate in the waterfront activities at their own risk. life jackets must be worn at all times while on the lake.

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<table>
<thead>
<tr>
<th>Days</th>
<th>Waterfront Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mondays - Fridays</strong> *</td>
<td>9 am (not Mondays), 10:30 am, 1 pm, 2:30 pm, 4 pm, and 5:30 pm</td>
</tr>
<tr>
<td><strong>Saturdays</strong></td>
<td>9 am, 10:30 am, 1 pm, and 2:30 pm</td>
</tr>
</tbody>
</table>

* - during young women camp weeks, the lake is only available for family groups starting at 2:30 pm on friday and all day saturday.

please observe the following rules while participating in waterfront activities:

- guests must obey all instructions and directives given by the waterfront hosts.
- all persons must wear a life jacket while participating in waterfront activities. life jackets of all sizes are available.
- youth twelve and under must be accompanied by an adult in watercraft.
- each family or group may reserve waterfront activities for as many people as the group has reserved beds. additional guests may use the lake on a space-available basis.
- parking is limited at the waterfront. please consider hiking to the waterfront area. park only in designated parking areas. no parking is allowed along road-sides unless specifically designated.

to accommodate adequate staff scheduling, legacy lake reservations must be made at least 10 days before your check-in date.

caution: no refunds are given for waterfront reservations. please only purchase the number of tickets your group will use.

[make a waterfront reservation]

the waterfront area is off limits when camp-approved certified staff are not present.

young women usage (included in camp fee)

to learn more about waterfront use during young women camp, please read the young women waterfront page accessed through the activities & programs link under the young women camp menu item.

[questions or comments]